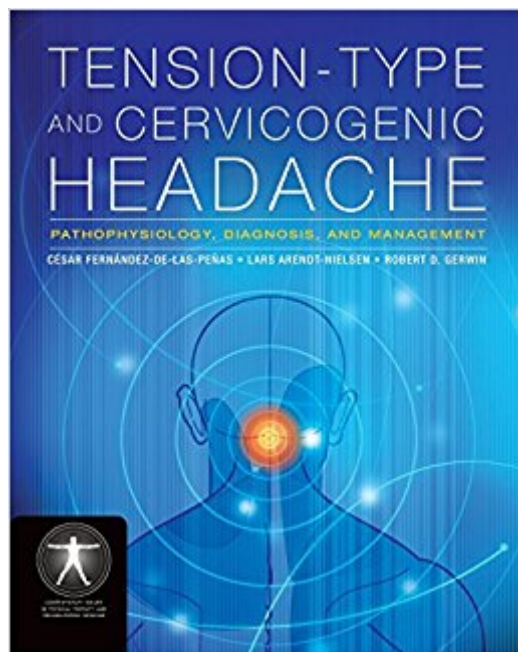




The book was found

Tension-Type And Cervicogenic Headache: Pathophysiology, Diagnosis, And Management (Contemporary Issues In Physical Therapy And Rehabilitation Medicine)



Synopsis

This is the first book for the new Series Contemporary Issues in Physical Therapy and Rehabilitation Medicine. This textbook will assess both clinical and research aspects of the diagnosis and management of two highly prevalent headache disorders: tension-type and cervicogenic headaches. This textbook will cover both physical therapy and physical medicine approaches to the management of these headache disorders.

Book Information

Series: Contemporary Issues in Physical Therapy and Rehabilitation Medicine

Hardcover: 509 pages

Publisher: Jones & Bartlett Learning; 1 edition (February 16, 2009)

Language: English

ISBN-10: 0763752835

ISBN-13: 978-0763752835

Product Dimensions: 8 x 1.1 x 10 inches

Shipping Weight: 2.3 pounds

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #680,957 in Books (See Top 100 in Books) #134 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Pain Medicine](#) #255 in [Books > Medical Books > Pharmacology > Pain Medicine](#) #284 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Physical Medicine & Rehabilitation](#)

Customer Reviews

Dr. Cesar has written an astonishing mountain of books & superb research studies lately regarding physiotherapy...each of them are immediate classics in the sense of being the most comprehensive presentations of the chosen subject matter available. This textbook on Tension-Type and Cervicogenic Headache is another brilliant contribution to our understanding of this devastating condition! This is a rare book written by many different professionals who treat this difficult human problem, and it includes pharmacological (the most common) and non-pharmacological (the most underused and potentially most effective) approaches to this problem. The pathophysiology of headache and the trigeminocervical nucleus is explained repeatedly, from different angles which only increases the reader's clear focus upon these mechanisms and it describes muscle and joint interventions, dry needling, and other complementary and alternative medical approaches including naturopathy, acupuncture, nutrition and more. This multidisciplinary approach is sometimes needed;

and the latest evidence from all these branches of healing regarding this problem is vast and impressive and very useful for victims of this condition and the clinicians who treat it. The group who has contributed perhaps the most outcomes research to this subject is the chiropractic profession -- and this reader was disappointed that more about this mode of treatment (90% of all manipulations for headache in the US are given by chiropractors) was mostly absent here. The key to correcting a headache is to find its exact cause. As there are so many reasons for headaches, the in-depth mechanisms for headache need explication...and the delivery of this is superb in this textbook! The body has many mechanisms to keep it healthy in spite of the abuse it takes. When disturbances occur with which the body cannot cope, it has warning systems, usually in the form of pain. When there is a headache, the body's warning mechanism is telling the victim something is wrong. A headache is generally considered an enemy; however, when looked at in its proper perspective, a headache is often a friend because it warns of some health problem needing attention. Some of the most effective approaches to headaches are designed to override, or numb, the pain; these are described -- as well as the potential side-effects of such treatments -- in excellent detail by medical doctors in this book. However this type of relief is similar to disconnecting a ringing fire alarm because it is annoying, and forgetting why the alarm is ringing. The doctors and physiotherapists describing the natural health care assessments and treatments for tension-type and cervicogenic headache recognize the fact that the body is designed to work in a harmonious, pain-free manner. Some of the most important aspects of the examination will include evaluation of the body's control systems, such as the nervous system. The chapters on the trigemino-cervical complex are exhaustive and cutting-edge. The evidence that physical and emotional comorbidities contribute SUBSTANTIALLY to headache disability, and that natural health care approaches (particularly chiropractic) can beneficially ameliorate such disability, is refreshing. The most important consideration is that the cause of a person's headache be found, regardless of its classification. Of the headache conditions accepted for natural health care, the recovery rate is remarkable. The data collected by Dr. Fernandez-de-las-Penas and his colleagues makes all of this very clear. A unique book and definitely one to add to your library if you have or if you treat human beings with headache. Highly recommended!-- by Dr. Scott Cuthbert, author of *Applied Kinesiology Essentials: The Missing Link in Health Care* (2014), and *Applied Kinesiology: Clinical Techniques for Lower Body Dysfunctions* (2013).

Excellent book containing updated research on tension-type headache and cervicogenic, with optimal organization of the chapter by relevant topics, from the neurophysiological basis of all

components that involve pain to the main research treatments for these types of headache. An optimal reading and support relevant research in the area.ass: Thales (Brazil)

[Download to continue reading...](#)

Tension-Type And Cervicogenic Headache: Pathophysiology, Diagnosis, And Management (Contemporary Issues in Physical Therapy and Rehabilitation Medicine) BLOOD TYPE DIET : Eat recipes according to blood type(blood diet,blood type diet o,blood type diet b,blood type cookbook,blood type a diet,blood type a cookbook,blood type ab,blood type book) Physical Therapy Management Of Low Back Pain: A Case-Based Approach (Contemporary Issues in Physical Therapy and Rehabilitation Medicine) Orthopaedic Manual Therapy Diagnosis: Spine And Temporomandibular Joints (Contemporary Issues in Physical Therapy and Rehabilitation Medicine) Type 2 Diabetes:The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included)[Type 2 Diabetes, Type 2 Diabetes Cure,Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] Stroke E-Book: Pathophysiology, Diagnosis, and Management (Stroke Pathophysiology Diagnosis and Management) TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES,diabetic cookbook,type 2 diabetes) Current Diagnosis and Treatment Physical Medicine and Rehabilitation (Current Diagnosis & Treatment) Differential Diagnosis for Physical Therapists: Screening for Referral, 5e (Differential Diagnosis In Physical Therapy) Differential Diagnosis for Physical Therapists: Screening for Referral, 4e (Differential Diagnosis In Physical Therapy) Diabetes: Fight It with the Blood Type Diet: The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes (Dr. ... Eat Right 4 Your Type Health Library) Physical Rehabilitation (O'Sullivan, Physical Rehabilitation) Management of Headache and Headache Medications Headache Free: Relieve Migraine, Tension, Cluster, Menstrual and Lyme Headaches Rehabilitation Techniques for Sports Medicine and Athletic Training (Rehabilitation Techniques in Sports Medicine (Prentice Hall)) Diagnosis and Treatment of the Lower Extremities: Nonoperative Orthopaedic Medicine and Manual Therapy (Nonoperative orthopaedic medicine & manual therapy) Handbook For Headache Relief: Headache...BE GONE! Zitelli and Davis' Atlas of Pediatric Physical Diagnosis: Expert Consult - Online and Print, 6e (Zitelli, Atlas of Pediatric Physical Diagnosis) Textbook of Physical Diagnosis: History and Examination With STUDENT CONSULT Online Access, 7e (Textbook of Physical Diagnosis (Swartz)) Textbook of Physical Diagnosis E-Book: History and Examination (Textbook of Physical Diagnosis (Swartz))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)